

Each year, Meals on Wheels programs in Delaware deliver over 600,000 nutritious meals to close to 4,500 homebound seniors throughout the state.

For many of the meal recipients, a visit from Meals on Wheels is their only form of contact with the outside world.

Increased food and fuel costs have placed an unprecedented strain on the Meals on Wheels programs in Delaware.

Your money or time could be what keeps their meals on our wheels.

Please donate or volunteer today.

## Meals on Wheels Delaware

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